



NEWSLETTER OF THE ALUMNI ASSOCIATION
COLLEGE OF NURSING
CHRISTIAN MEDICAL COLLEGE & HOSPITAL, LUDHIANA, PUNJAB, INDIA

Issue XI

March 2010

Dear Friends,

Greetings to you from College of Nursing, CMC & Hospital, Ludhiana. It is a privilege to be able to bring out this newsletter again. I'm sure that our hearts are filled with pride at being the alumnus of one of the oldest, most prestigious and reputable institution, from where till now, 1363 B.Sc. Nursing graduates, 164 M.Sc. Nursing post graduates and 2927 GNM graduates have passed out and are working all over the world. The standards which are imbibed in our nurses enable them to adjust anywhere easily and bring laurels to this great institution.



THE YEAR GONE BY.....

The past year has been hectic and challenging for everyone involved. Faculty and students have remained busy in their pursuit to achieve various targets through a conglomerate of activities, along with the usual schedule of studies and examinations.

Present office bearers of the alumni association are:

President	:	Prof. (Mrs.) Ponnamma R. Singh
Vice president	:	Prof. (Mrs.) Pennamma Ranadive
Secretary	:	Mrs. Gladis S. K.
Joint secretary	:	Mrs. Mizrab Chaudhary
Treasurer	:	Mrs. Aster K. Masih
Joint treasurer	:	Ms. Malini Singh
Publicity officer	:	Mrs. Charlotte Ranadive

Alumni reunion and initiation function was held on 20th March 2009 with enrolment of 129 new members. A scientific session was conducted on the theme "**Positive Thinking**". Mrs. Charlotte Ranadive, Mrs. Sumita Masih, Mrs. Balqis Victor and Mrs. Sapna D. Malvia highlighted the various aspects related to the theme. Chief Guest Prof. (Mrs.) Shamim Sagar presided over the function.



MEMBERS OF OUR FAMILY

In the academic year 2008-09, 60 (Sixty) students were selected in the B.Sc. Nursing and 50 (Fifty) in General Nursing and Midwifery.

24 (Twenty Four) students were admitted in M.Sc. Nursing in five specializations i.e. .Medical Surgical Nursing, Mental Health (Psychiatric) Nursing, Child Health (Paediatric) Nursing, Obstetric & Gynaecological Nursing and Community Health Nursing.

ACADEMIC HIGHLIGHTS



- ◆ Students are enrolled at our study centre for National Consortium for PhD in Nursing by Indian Nursing Council in collaboration with Rajiv Gandhi University of Health Sciences, Karnataka and World Health Organization.
- ◆ Indian Nursing Council identified College of Nursing, C.M.C Ludhiana as a Sub Recipient Centre to train nurses all over India in 4 years duration as part of the Global Fund for AIDS, TB and Malaria project. Five faculty members attended Master Trainers Programme at AIIMS & R.A.K. New Delhi. This programme started on 25th May 2009. Till now 20 batches are over. Total nurses trained are 596.
- ◆ The results in B.Sc. (Nursing) and M.Sc. (Nursing) were excellent with a total of 124 distinctions.

CONVOCATION 2008 - 09.....



Combined 33rd convocation of College of Nursing, Christian Medical College and Christian Dental College was held on 21st March 2009. The chief guest on this special occasion was Dr. S.S. Gill, Vice Chancellor of BFUHS, Faridkot. Certificates and special prizes were awarded to the graduates and post graduates. The following are the notable prize winners.

Best student in Community Health Nursing	:	Suby Babu
All round Best Student Nurse	:	Poonam Ror
Best bedside Student Nurse	:	Aida Merin Thomas

CO-CURRICULAR ACTIVITIES.....

New students' council elections were held on 15th May 2009. Handing and taking over ceremony was held in General Body Meeting.

WHO Day.....



World Health Organization Day was celebrated on the theme “**Health Facilities in Emergencies**” and an exhibition was displayed and role play staged to generate awareness among the public.

INTERNATIONAL NURSES' DAY



Declamation and Essay Writing competition were organized for the students on the theme “**Delivering Quality, Serving Community, Nurses towards Primary Health Care**”.

FRESHER'S WELCOME



The new batch was welcomed by the students with open arms. Retreat, field trips, picnic and fresher's welcome party were organized to help them in smooth adjustment.

ONAM.....



Special Onam lunch was organized along with various dances, singing and floral decorations on 2nd September 2009

TEACHERS' DAY



Teachers were honored by the students. A vibrant cultural programme was organized including a unique choreography presented by faculty which was appreciated and enjoyed by one and all.

WORLD MENTAL HEALTH DAY



It was marked by an exhibition displayed by M.Sc. Nursing 1st year (Psychiatric Group) . A role play was also staged to educate general public regarding Mental Illnesses. Theme was **“Mental Health in Primary Care Enhancing Treatment and Promoting Mental Health”**.

WORLD DIABETES DAY



Students marked the day by organizing an exhibition and role play on Diabetes and ways to control it.

CHRISTMAS CELEBRATION



A wonderful Christmas programme was organized in the college on 12th Dec, 2009. The students presented a meaningful play and a melodious choir. Santa Claus greeted everyone and presented chocolates and gifts to all students. A delicious lunch was served to all.

REPUBLIC DAY



Institutional Republic Day was celebrated. Nursing students participated for the March Past and presented Bhangra which was liked by everyone.

INSTITUTIONAL SPORTS DAY

Our students participated with lots of enthusiasm. Mr. Vivian Oscar & Ms. Sukhdeep Kaur were awarded Best Athlete

among girls and boys category in the College of Nursing.

World AIDs Day was celebrated by distributing red ribbons and putting up posters for awareness for general public & students.

Talent hunt competition was held on 8th & 9th September 2009. The students bagged many prizes.

On the 6th March 2010 in memory of Sahir Ludhianvi a music competition was organized by Dayanand Medical College, Ludhiana. Our students did the college proud by winning the first three prizes.

INTERNATIONAL WOMEN'S DAY



It was celebrated by a Painting and Essay Writing Competition and students were acknowledged for their excellent performance.

SPIRITUAL ACTIVITIES



- Baccalaureate Service for out going B.Sc. Interns.
- Evangelical Nurses Fellowship of India (ENFI) meetings are held every Thursday. E.N.F.I. National Biennial Conference was attended by B.Sc. Nursing students.
- B.Sc. Nursing students attended CMAI conference at Jalndhar.
- New students attended retreat organized by fellowship department.

PICNICS



Various groups of B.Sc. Nursing and GNM students went to Kullu, Manali and Nainital.

WORKSHOPS AND CONFERENCES

- ◆ Prof. (Mrs.) Veena Barkat Masih attended a workshop on “Essential New Born Care and Resuscitation of New Born” at All India Institute of Medical Sciences, New Delhi from 20th July - 23rd July 2009.
- ◆ Ms. Jasminder Kaur, Asstt. Professor attended South Asia Trauma Reception and Resuscitation Training at C.M.C., Ludhiana from 27th May - 31st July 2009.
- ◆ Mr. Alik Anthony Rae, Asstt. Professor attended an International Conference on “Human Rights in Mental Health Nursing Practice” at National Institute of Mental Health and Neuro Sciences, Bangalore from 10th October - 12th October 2009.

- ◆ Prof. (Mrs.) Triza Jiwan presented a scientific paper at the National Conference of Nursing Research Society of India on “Standards in Nursing Education - Implications for Practice” at C.M.C., Vellore from 12th November - 13th November 2009.

CONGRATULATIONS



- ◆ Mr. Alik Anthony Rae, Mrs. Harjit, Mrs. Prem Lata, Mrs. Sheeja Sunil and Mrs. Urmal joined as Asstt. Professor in the College of Nursing.
- ◆ Ms. Asha John, Ms. Ashima Chugh, Ms. Jincy Alex, Ms. Job K. Varghese, Ms. Meenakshi Prashar, Ms. Minakshi S.K., Ms. Palvi, Mr. Santu Samuel, Ms. Silky Thankachan joined as Demonstrators.
- ◆ Mrs. Somi Mattu and Mrs. Usha Sharwan joined as Asstt. Wardens of M. C. Hostel.
- ◆ Mrs. Florence James and Mrs. Taramani Johnson promoted as Asstt. Nursing Superintendent.
- ◆ Mrs. Davinder Thomas, Mrs. Kamlesh Deepak, Mrs. Mary Bhatti, Mrs. S.B. John, Mrs. Molly Sunny, Mrs. Aster K. Masih, Mrs. Promilla Daniel, Mrs. Gladis S. Kumar, Mrs. Anupma Joseph, Mrs. Mizrab G. M., Ms. Kiran Bala, Mrs. Monica Singla, Mrs. Anita John and Mrs. Rosa Baby are promoted as Supervisors.

ADIEU.....



On behalf of staff, students and faculty we take this opportunity to convey our heartfelt thanks and appreciation for the sincere, tireless and faithful services rendered by our dear colleagues who dedicated major part of their lives serving this great Institution.

- ◆ Prof. (Mrs.) H. Asha Emmanuel completed her services at CMC in August 2009 after serving the institution for 26 years. She is fondly known as a very generous person. She also has a long association with CMC, right from her student days to her professorship. She has contributed a lot in educating, training the students and serving the community. We wish her best of luck and God's Blessings as she opens a new chapter for her life.
- ◆ Dr. (Mrs.) Rajinder Mahal completed her services at CMC in January 2010 after serving the institution for 40 years. She joined as a student nurse and groomed her self to Doctorate level. She has been a good motivation for many. As she too moved on another job opportunity, we wish her best of luck and God's Blessings.
- ◆ Prof. (Mrs.) Pennamma Ranadive completed her services at CMC in March 2010 after serving the institution for 39 years. She has held various positions in this institution such as Nursing Superintendent, Principal College of Nursing and also held key positions at University Level. She has been a great source of inspiration for many. As she moves to serve another Christian Organization, we wish her good health and happiness for future endeavours.
- ◆ Mrs. Sunita Singh resigned from the post of Associate Professor. She worked in the capacity of supervisor and currently she is working in Australia.

- ◆ Mrs. Sumita Masih resigned from the post of Asstt. Professor as she completed her service obligation and presently working at Ranchi.
- ◆ Ms. Jisha Mary James resigned from the post of demonstrator cum staff Nurse.
- ◆ Ms. Amandeep Kaur, Ms. Amritpreet Kaur, Ms. Doreen Jacob, Ms. Piyalee Benjamin, Ms. Rachna Sharma, Ms. Shelly Lal and Ms. Somi Solomon completed their service obligation.

We acknowledge their contributions in nursing service and nursing education. We wish the very best in life to each and everyone as they have served whole heartedly in this institution and pray to God Almighty for their bright future.

LEAVE



- ◆ Mrs. Sapna D. Malvia, Mr. Sanjeet Johnson and Ms. Kamlesh Gill are presently on study leave for 2 years to do M.Sc. Nursing in College of Nursing, C.M.C., Ludhiana.

With Best wishes -

Mrs. Charlotte Ranadive,
Publicity Officer.

Prof. (Mrs.) Ponnamma R. Singh,
President, Alumni Association.

Prof. (Mrs.) Triza Jiwan,
Principal.

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Designed by : Ms. Chamandeep Kaur