



CHRISTIAN DENTAL COLLEGE  
LUDHIANA

FOR PRIVATE CIRCULATION ONLY



CHRISIDENTS NEWSLETTER

## From The *Principal's Desk*

Its going to be two months since I took up this new responsibility and I'm thankful to God who kept me going. For many issues I face I do not see a road ahead but beyond my thinking and expectations highways are being opened. Late Rev. Charles Reynolds once told me- "It was by a miracle that Christian Dental College came into existence." And I'm sure, only by a miracle it can go ahead.

How that miracle can take place? Without faith no miracle will ever happen. I thank God that our trust is in the miracle working REDEEMER.

After three long years we are restarting 'Crossroads'. All this goes to the effort of Kunal Swani (Editor- in- chief) and his editorial team for which I would like to congratulate them.

Our priority is to make this college friendlier to all in all aspects. Towards this I'm looking for wholehearted support from each one.

With best wishes

Dr. Abi M. Thomas  
(Principal)

## Editor Speaks . . . .

The Thesaurus defines crossroads as a point of intersection of roads. Our dental college is also one such point where there is intersection between people of different ideas, cultures, religions and regions. Since its foundation in 1992, it has seen people coming from different backgrounds, heading for a common goal, to be good DENTISTS!!! And today 15 years down the lane it doesn't need to prove its worth in that regard.

Continuing in the footsteps of Dr. Sherryl, I take the initiative to bring out the 3rd issue of the CDC Newsletter, 'CROSSROADS'.

I am delighted to bring out this issue of the Chrisidents' newsletter, which would be a potential bridge between the past, the present and the future of the various events concerning the CDC family.

I am extremely grateful to Dr. Abi for his support without whose assistance it would have not been possible. I am also thankful to Dr. Koshy and my editorial team whose valuable support gave me the courage to work.

In the end to conclude, I would say to all my fellow friends- be humble and kind to all and be proud of yourselves, to be Dentists - The Smile Architects. Be proud of being Chrisidents and of the fact that the Almighty bestowed upon you the healing power. May this newsletter advance with your honest feedback and I hope you enjoy reading it.

Dr. Kunal Swani  
Editor-in-Chief



YES ! IS THE ANSWER TO IT NOW...

## ■■■■■ EVENING SPECIALITY DENTAL CLINICS ■■■■■

Our college adopted the concept of 'Evening Speciality Dental Clinics' on August 1<sup>st</sup>, 2007. The speciality clinics were started with the aim to provide Dental service for a longer duration of time as well as to target that specific population of the city, which could not undertake dental treatment due to their work timings. This clinic also aims at generating income for the college, which could sequentially be utilised at various developmental, and upgradation measures at our college. With the beginning of this clinic, senior staff members can now provide adequate time to their patients, in the evening as well as to the students in the morning hours of the college. The clinics provide diverse services of the assorted specialities of dentistry like cosmetic fillings and prosthesis, dental implants, root canal treatment, smile enhancement procedures, orthodontic care, various modern X-ray facilities as well as Oral cancer screening and counselling. With all the efforts of our Principal, Dr. Abi M. Thomas, these clinics have proved to be a boon for the college, which is evident from the patients' enrolling for these clinics. May these clinics serve the purpose for which they were started.

## TEACHER'S DAY

Teacher's Day is celebrated in the honour of Dr. Radhakrishnan, on his birth anniversary. We, 'Chrisdents', would like to express our warmth and gratitude for our teachers through these words.



Dear Teachers,  
Thank you.....

For being both fun and stern,  
We know it's the best combination  
To push us to learn.

Encouraging us to use our wildest  
imagination,  
Regardless of our 'ideas'  
It's a stepping stone to face stiff  
competition.

Teaching us through our many mistakes,  
You're the best we could ask for:  
Can we also get half-hour breaks?

Being with us through it all,  
Get together, cultural and excursions,  
Whatever the occasion big or small.

Instilling in our minds little seeds of ambition,  
Just to make us realise,  
We're brimming with potential.

Instilling in us values of discipline and ethics,  
Which go hand-in-hand  
With all our fundamentals and basics.

You're always there in our time of need  
Who else can we count on  
You're wise beyond understanding in thought and deed.

At the end of it all, we'd like to say  
Thank you for everything,  
Wishing you a Happy Teacher's Day!



## CURRENT AFFAIRS

Our newly appointed principal Dr. Abi M. Thomas is bringing faster changes in order to benefit the college by opening new PG courses for which the inspection is due. Also, the new implant section is being built in the Department of Oral surgery.

A condolence meeting was held in the college at the sad demise of Rev. Charles Reynolds on 31<sup>st</sup> August '07. He was instrumental in the establishment of our college and its initial funding for which he shall be remembered.

After a serious thought and a long wait, the college timings were cut down from 8-5 to 8-2 pm for the students, though the 1<sup>st</sup> years were not spared from the old timings which still continue for them. But nevertheless, it is a boon for the third and final years, who now have ample time to balance between patient hunting and studies. However the hospital services are extended up to 7 pm on all weekdays including Saturday.

## SWEARING IN CEREMONY OF THE STUDENT'S COUNCIL 2007-08



The swearing in ceremony of the Students' Council 2007-08 was held on Sept. 5<sup>th</sup> 2007.

The outgoing General Secretary of Students' Council 2006-07, Dr. Nitin Deora passed on the candle of responsibility to the present council:

Ashwin Sakharia  
Shivangi Maletia  
Jerry Mammen  
Rashima Sood  
Patrick Mattu  
Ashwin Thomas  
Kunal Swaru

President  
Vice President  
General Secretary  
Cultural Secretary  
Sports Secretary  
Treasurer  
Editor-in-chief

Whatever your hand finds to do, do it with all your might

## SATELLITE DENTAL CLINIC

We are grateful to all the concerned that our first satellite dental clinic started functioning at Malerkotla from 20<sup>th</sup> September 2007. It's a dream come true as we are hoping to provide dental care to the most neglected areas of our society. We are hoping to venture into more such areas.

## INDEPENDENCE DAY CELEBRATIONS

The 60<sup>th</sup> year of Independence was celebrated in our institution with great fervour. This time it was the dental college, which organised the Independence Day programme. The day started with a service in the college chapel which was followed by the independence day function.

The function commenced at 10 am with a word of prayer by Rev. Stanley Thomas followed by hoisting of the National Flag. The spectacular Independence Day parade composed of the security, MBBS, BDS, BPT and Nursing 1<sup>st</sup> year students.

Following an inspiring message by the chief guest of the day, Mr. Yogesh Kumar Goel, the Punjab Pollution Control Board Chairman, were the cultural programmes presented by the students of the Medical, Dental and the Nursing colleges.



## CDC FAMES

Year after year, CDC has proved its intellect to people around with excellent results put up by the Chridents on the University website.

Batch of 2003 secured many ranks in the University top 10. Supneet ( 1<sup>st</sup> Rank , Distinction in Periodontia), Ruchika (3<sup>rd</sup> Rank), Shivangi (7<sup>th</sup> Rank), Rashima (8<sup>th</sup> Rank) and Kunal (10<sup>th</sup> Rank). Supneet has been a consistent topper of the University since 1<sup>st</sup> year and has bagged a total of 8 distinctions in his 4 years.

From the batch of 2004, Pallavi topped the University, with a distinction in surgery, and Jaspreet secured the 3<sup>rd</sup> Rank.

In addition, Vinaya Susan and Supreet topped the college in the 1<sup>st</sup> and 2<sup>nd</sup> year results respectively.

Harsohit Bir Singh has been selected to

represent Punjab State in Peep Sight Air Rifle Shooting Championship to be held in Jaipur this year.

## AND THE TREND CONTINUES

As every passing out intern batch goes off to fulfill their sponsorship obligation, so has the batch of 2002. They have travelled to far off destinations, some remote, in service to God and henceforth serve those in need with a selfless attitude.

Dr. Aneena- Christian Fellowship Hospital, Khariar Road, Dist. Naupada, Orissa.

Dr. Ebin- Navrangpur Hospital, Orissa

Dr. Betty- Tahadakam Hospital, Coimbatore

Dr. Ida- Chaandigiri Hospital, Allawe, Kerala

Dr. Deena- St. Thomas Hospital, Attapadi

## PULSE UPDATE

Our college team won the second best award for its performance under the Indian group dance category at the annual Pulse Meet 2007 held at AIIMS, New Delhi. The team also bagged the consolation prize for the Indian group song category. In the face of such stiff competition, kudos to the teams.

## CLINICAL TRIAL (RALFINAMIDE)

Our college is one of the 14 centers in India to have been selected to conduct the clinical trial, to test the efficacy of the drug 'Ralfinamide', sponsored by an MNC 'Newron', Italy in alleviating pain in post impaction operated patients. Dr. Sumir Gandhi, Reader, Department of Oral and Maxillo-facial surgery is the Principal Investigator of this study. Dr. Laxman Kumar, Dr. Inderjot Singh & Dr. Lionel Thomson are the team members of this study.

## FIRST YEAR ROCKS !!!!

We are 'Dunamis'- the batch of 2007 an immense reservoir of power and potential- with the ability to do just about anything. The divine sense of immortality that we possess through the almighty will help us to put in our best efforts to achieve anything without any hesitation. Dunamis is the spirit of POWER and LOVE and we carry that spirit in our hearts.

Few months as 1<sup>st</sup> years.... and we are loving every moment of it. We, 18 year old adults have realised... We are 'just beginning'... We have responsibilities to shoulder: responsibilities towards

*The fragrance of a flower spreads only in the direction of the wind but the fragrance of the goodness of a person spreads in all directions*

ourselves as individuals, towards each other as 'Dunamis', towards the college as Christens and of course towards our seniors as 1<sup>st</sup> years. Everything is so new, yet so much fun.

Here is what we've been upto...

Our first educational trip was to Lallon. Along with fun and games, we were enlightened on our vocation and purpose.

As days went by Anal, Biochem, Physio and DM eventually became a little boring, WE NEEDED A BREAK! So, to our rescue, came the Chandigarh trip. The Mallus had something to look forward to, while the Panjus offered to be their guides. Apart from the usual, we went for 'Chok de India' at FR. The day ended with a dinner at Nio... and now, we are back to the usual monotony of life and are eagerly waiting for our next batch's day out!

Finally, the much awaited welcome party was thrown. The initial hesitation of being in a new place, starting a new chapter and trying to cope with the new way of living is now wearing off. Now that we are an integral part of this college- we ask for guidance, so that we can pump in our maximum into whatever we do.

May this fire never die in us and may gratitude fill our hearts with sweet memories of what lies ahead.



### DR. JOSHI'S FAREWELL

*"Man is finite but his deeds and our memories may stretch to infinity."*

1988- 1992 was a period of intense struggle for the opening of the 1<sup>st</sup> Christian Dental College in the country. August 1992, the goal was finally achieved when the long lasting struggle ended and the Christian Dental College came as an offshoot of Christian Medical College, Ludhiana.

But, it was just the beginning of new responsibilities and errands, which required even more dedication and struggle than the one that had just ended.

The conscientiousness of fostering quality dentists, who would not only excel in their field but also serve the nation with a selfless attitude. And today 15 years down the lane one man shall be happy at the achievement of God's ordained mission ..... our founder Principal, Dr. J. L. Joshi.

It was due to his unswerving efforts and a never give up attitude that has got CDC its present status and fame. His visionary quality was the main driving force for the progress and achievement of our institution.

14<sup>th</sup> July 2007, the college bid farewell to this legend with a heavy heart. Many faculty members spoke about their experiences with him before and after the establishment of the institution. Bidding farewell to a person who had contributed so much to our alma mater was a difficult task. We are indeed proud to have such a dynamic and dedicated person as our founder.

But now that he has ventured into a new task, we wish him the very best of luck and hope of his success in all his new endeavours.



### LATEST ADDITIONS - FACULTY UPDATE

#### Dr. Shaila, Pedodontist

BDS: Christian Dental College, Ludhiana

MDS: Christian Dental College, Ludhiana

DOB: 22nd april

#### Dr. Ritu Jain, Periodontist

BDS: Christian Dental College, Ludhiana

MDS: M.R. Ambedkar College, Bangalore

DOB: 17th December

#### Dr. Inderjot Singh, Oral Surgeon

BDS: Dashmesh Institute, Faridkot

MDS: D.A.V, Yamuna Nagar

DOB: 12th November

#### Dr. Ekta Singh, Endodontist

BDS: Dashmesh Institute, Faridkot

MDS: J.S.S. Mysore

DOB: 22nd December

#### Dr. Tushar Ahuja, Endodontist

BDS: Christian Dental College, Ludhiana

MDS: Sri Ramachandra College, Chennai

DOB: 8th September

#### Dr. Poonam Bali, Prosthodontist

BDS: Christian Dental College, Ludhiana

MDS: S.G.R.D. Amritsar

DOB: 20th October

#### Dr. Manisha, Oral Surgeon

BDS: Government Dental College, Patiala

MDS: Government Dental College, Amritsar

DOB: 7th March

#### Dr. Ajit, Orthodontist,

BDS: College of Dental Sciences, Mangalore

MDS: Yenepoya Dental College, Mangalore

DOB: 29th January

Dr. Ajit secured the 1st Rank in Orthodontia in the P.G examinations of the Rajiv Gandhi University of Health Sciences, Bangalore.

#### Dr. Saurab, Oral Surgeon

BDS: S.G.R.D, Amritsar

MDS: Pravara Institute of medical sciences

DOB: 29th April

#### Dr. Geevaa, Prosthodontist

BDS: Government Dental College, Calicut

MDS: Government Dental College, Calicut

DOB: 27th March