



From The Editor's Desk

It gives me great pleasure in bringing out the 5th volume of Crossroads.

It is said 'Aging is mandatory, change is natural. As the new editor I hope that I can carry over the legacy that my predecessors have left, but also bring changes for the better. At the same time, I know that there may be some deficiencies in my efforts. I would appreciate any suggestions that would help me improve Crossroads.

I hope you enjoy reading this volume of Crossroads.

Thank you,

Selven Thirumalai

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Editor-In-Chief

The New Dental Van Drives in

CDC added another feather to its cap with the arrival of the long awaited new community dental van on. The new dental van features a fully air-conditioned work area with 3 dental units including light cure unity and ultrasonic scaling units. In addition it is equipped with internal communications systems, storage units, generator and an external retractable shade which can be rolled out to form an adequate waiting area for patients.



The van was inaugurated by our esteemed director Dr Abraham Thomas who cut the ribbon prior to which Rev. Stanley dedicated the van in prayer. On the

occasion Dr Abi Thomas, Princiyal CDC said that CDC is one of the only dental colleges to be running community dental camps and bringing smiles to the people on their doorsteps. He stated that the new van would supplement the work already being done but the area of coverage would be larger with the van going to places as far away as Jammu. The old van would be used for camps in and around Ludhiana within a radius of 40 km.

The new dental van was commissioned on the 18th of September 2008 by the Governing Board, CMC. The van was dedicated by Bishop Coorilos.

We hope and pray that this new initiative by CDC would be successful and that the dental van would be used to bring smiles to a lot of people who would otherwise have no access to dental treatment.



Dr. Anil Kohli Visits CDC

Dr Anil Kohli, President DCI visited CDC in April this year. He had evinced a keen desire to visit the college and this he was finally able to do despite his busy schedule. After seeing the entire college he said that he was very happy to be in CDC and he appreciated the progress made by CDC. He stated that he would like to extend all help needed by the institution and also promised to present two dental units to the college. He also appreciated the community work being done by the college and wished the college and administration good luck.



Mini's The Futuristic Implants in Dentistry



International College of Continuing dental education, Asia Pacific Dental Federation and Indian Dental Association recently organized a course on Minidental Implants. The course was held in Christian Dental College. The faculty for the program were Dr Oliver Hennedige from Singapore, Dr S.P. Aggarwal from New Delhi & Dr Pallavi Venkureskar from Mumbai. Dr Anil Kohli, President DCI and Dr R.K. Bali, Past President DCI were also present. Dr RK Bali expressed his happiness at being able to visit CDC after 4 yrs and said that he was happy to see the

progress made by the college in the intervening years.

Annual Convocation

CMC held its convocation on the 25th of March 2008 in the morning site grounds within the staff campus. This was the 1st time that the Medical, Dental and Nursing colleges held their convocations together. Batches from 1999 to 2002 were convocated. The chief guest was Professor Jeffery Rosenfeld HOD of Surgery, Monash University, Australia. Almost 200 graduates and 12 post-graduates received their degrees from the Principal, Dr Abi M Thomas.



CDC Alumni Association Launched

The CDC Alumni Association was officially launched on 24th March 2008. Dr Shaila (Batch of 1994) was elected as President and Dr Ritu Jain (Batch of 1997) was elected as General Secretary of the association. Dr John Clark was the guest of honour. The alumni association was launched to form a platform for interaction between the alumni, students and faculty. It will help the entire CDC family to stay connected even after they leave the portals of the college and move on to other places. The alumni may please be in touch with us through e-mail.

Chrisdents Premier League - A Unique Initiative

In the City of Ludhiana Christian Dental College is known for being different and innovative. Working along the same lines the College recently held an IPL style cricket tournament named the Chrisdents Premier League (CPL). The difference between the two tournaments being in the objectives. Whereas the IPL was a money minting machine, the CPL had a two fold objective, namely, raising funds for the CMC mission fund for poor children and integration of the newly admitted first years into the college fraternity. Members of the college faculty were requested to come up and be sponsors of the various teams. A bidding process similar to IPL was organized. The teams were The Perio Super Kings sponsored by Dr Vikas Jindal and Dr Vikram Bali, The Star Aligners sponsored by Dr Anil Goyal & Dr Ajit Jaiswal, The Ultimate 8 sponsored by Dr Kapil Dua, Dr Tuskar Ahuja & Dr Simarpreet Singh & The Luxators sponsored by Dr Sumir Gandhi & Dr Laxman Kumar. After a very exiting round of matches in which the entire college participated wholeheartedly, the finals were played between The Ultimate 8 and The Luxators. What followed was an absolutely riveting match which went down to the wire. The ultimate winners were the Ultimate 8 who luxated the Luxators by 4 runs. The winning trophy and the mementos for the winning team members were given away by the Director of CMC Dr Abraham Thomas & Principal CDC Dr Abi M Thomas.

The proceeds from the CPL, which amounted to over RS 10,000 were handed over to the CMC mission fund. The entire tournament was a huge success in all respects and the College hopes to organize the CPL each year as an annual event.



Rotary Endodontics- Creating awareness:



In tune with the growing awareness and use of rotary instruments in endodontics, the Dept of Conservative dentistry and Endodontics, CDC recently organized a lecture and

hands-on course on Protaper.

The lecture was given by Dr Chugh, an eminent endodontist from Delhi. He has been practicing rotary endodontics for the past 20 yrs. Dr Chugh began by speaking on endodontics in general and then moved on to the use of rotary instruments in endodontics with special emphasis on Protaper.

The lecture was followed by a hands-on course on Protaper. 9 people participated in the hands-on course. Overall the lecture was very well received and we hope that it the participants put their knowledge to good use in the future.

Say Cheez- A Perspective on Aesthetic Dentistry

For many people, dentistry is synonymous with a beautiful smile. Esthetics have become an integral and inseparable part of modern Dentistry. There is a growing awareness among people regarding aesthetics and this in turn, translates into an increased demand for aesthetics by dental patients. As part of a CDE program CDC organized a lecture on Aesthetic dentistry on 9th August. The lecture was delivered by Dr Vivek Saggar, a very well known dentist and member of the Indian Aesthetic Association. The lecture dealt with anterior single tooth implants and how they can be done by general dentists and not just oral surgeons.

The lecture was followed by an extempore competition in which participants had to speak on Aesthetic dentistry for a period of 3 min. Dr Sunaina and Dr Gayatri, PG students in Pedodontics and Preventive dentistry were awarded the 1st and 2nd prizes respectively. Dr Sunaina was also given the opportunity to attend the national conference of the Indian Aesthetic Association held in the beautiful state of Goa.

LET THE FUN BEGIN

Superstition says that 13 is an unlucky number for some. But if 13th August 2008 in CDC is anything to go by, then superstition will have to eat its hat!!

Because 13th August was the date for the first official cultural program for the session 2008-2009 in CDC.

The program began with the inauguration of the new Student's council. The outgoing general secretary Dr Jarry Mammen passed the flame to Dr Abi Thomas who, in turn, passed it on to the student's council. Dr George Koshy, vice principal CDC, administered the oath of office to the council, invoking them to work for the betterment of the college and the student body. Dr Abi Thomas then passed on the Christian Dental College plaque to Kulshrest Singh, President of the Students council, thus officially giving charge to the new council.

This was followed by a series of mesmerizing songs and dances by the senior batches of the college extending a warm welcome to the 1st years. The first years were not far behind as they put up a hilarious skit and a series of foot tapping dances and songs.

The recently concluded CPL was also given a special place in the night's program. The winner's trophy and mementos for the winning team, The Ultimate 8, were given away by the Director, CMC, Dr Abraham Thomas & Principal CDC, Dr Abi M Thomas. The funds raised during the tournament were handed over to Deacon Anand Peacock by Dr Simarpreet Singh, one of the sponsors of the Ultimate 8. Deacon Anand lauded the effort of the Dental College and especially the faculty for this unique and innovative idea.

The evening was brought to an end with dinner for the Faculty and students.



Result Jitters

Christian Dental College has always given first place to academics. Time and again we proved our worth through our results. The results for the session 2007-08 were no different. The first to come out were Final prof. examination results. As always, the batch of 2004 passed all hurdles and came out with their anchors firmly grounded. The next batch to be put through the agony of prof results was the Batch of 2006. The phoenix rose from the ashes left after the 2nd prof exams and flew out with flying colours. Even though the 3rd prof results came out later than expected, when they eventually did come, they proved that the Bonaventures were no less than anyone else. The last results to be declared were the First prof results. The batch of 2007 proved their worth against all odds and breezed into second year. All in all, it was another good year for CDC, producing toppers and distinctions yet again.

Chisidents Honoured



In an award ceremony organized by The Punjab Dental Council, Punjab Chief Minister - Parkash Singh Badal honoured top rankers from CDC for May - June 2008 Exam. They were honoured with certificates and cash prize of Rs. 4000/- each. Chisidents who were honoured are:

- ◆ Pallavi Vashisht for Final Prof Exam
- ◆ Nisha John For Third Prof Exam
- ◆ Nirmal Kurien For Second Prof Exam
- ◆ Ashima Razdan For First Prof Exam

The Teacher's day programme was held on 5th September in the Lady Willingdon hall. It commenced with a word of prayer and a group song by the second years. This was followed by a short speech by the second year ACR expressing our heartfelt gratitude to our teachers. The occasion witnessed a dance performance by a second year dental mechanic and a group dance by the first year dental students. The program came to an end with the Principal sharing a few encouraging words with the students. This was followed by lunch which was made possible by contributions from the entire students body.



Make Way For The Andromedans

Finally, our never ending prayers were answered, hours of hard work payed off, throbbing hearts skipped a beat and all of us yelled Yipeee!!!!

The excitement wasn't really about India winning a Gold at the Olympics nor about a successful launch of a satellite into space.... But almost as grand as that, probably even more as we took the first step towards fulfilling a dream.. We made it into the Christian Dental College.



Our joy knew no bounds, when after the counseling and the admission procedures, the realization dawned upon us that we were to make the new fresh batch at this prestigious college.

With the student council helping us, through the admissions, could we have asked for more. Their energy and enthusiasm offered us more than a glimpse of what was in store for us in CDC.

Orientation followed a week later with the introduction of the faculty members, an overview about the course and introductions by our batch. Classes started from the 1st of Aug, after which our official college life began.

After this came the much awaited Freshers night on the 13th of Aug. A streak of fear crossed our hearts at the prospect of meeting our seniors and performing in front of them for the first time. But their loving and caring attitude made us feel at home and soon the fear melted away to take the form of respect for them. The night was indeed mesmerizing with the breathtaking performances by the seniors, followed by us as we showcased our talents. All in all, the event certainly entails for a major portion of our memory department

The warm welcome we received, offered along with it an invitation for us to venture into the ocean of opportunities the college offers for us to explore our capabilities.

As our hearts still haven't ceased praising the Almighty for this wonderful deed He has done in our lives, we also pray that he may shower his blessings on each one of us and grant us the wisdom and strength to give our best to this wonderful college.

CDC News Briefs

- The new administration, under the able guidance of Dr Abi Thomas & Dr George Koshy completed a successful year in office on 15th July 2008.
- Dr Abi Thomas was interim Director prior to Dr Abraham Thomas taking over as Director CMC Ludhiana.
- Dr NC Mann was awarded the Bharat Jyoti Award for meritorious work in Community Dentistry.
- Dr Vikas Jindal was reelected as Member, Dental Council of India.
- Dr George Koshy was appointed as Registrar, Christian Medical College and Hospital.
- Firm Foundation- EU Camp held in Punjab Bible College, Kohara. Speaker was Mr Anand Pillai.

Baccalaureate Service

The Baccalaureate Service for the batch of 2003 was held on 10th June 2008 in the Lady Willingdon Hall. The service began with a word of prayer and a congregational hymn. Each member of the batch was presented with a short title. Mementos were presented to the batch by Dr Abraham Thomas, Director CMC. A short but beautiful slide show consisting of photographs and memories of the batch was projected. This was followed by the lighting of the candles which were then placed on the map of India drawn outside the hall. Each candle was placed in the place where the graduate was going. The service was followed by snacks and a time of fellowship.

Seeds Of CDC

Just as a tree disperses its seeds, at the end of each session CDC graduates leave the shelter of the college and go to various places in India to fulfill their bond commitments. This year our graduates are serving in the following places:

George Chacko :	Sarvajanic Mission Hospita, Valsad, Gujrat
Subhash Rao :	Mattison Memorial Hospital of SDA, Hapur, U.P.
Mohit Singh:	Clara Swain Hospital, Bareilly, U.P.
Alina Elizabeth Varghis:	St Thomas Mission Hospital, Allapuzah, Kerala
Blessy Tresa Mathew:	MGDM Hospital, Karigazha, Kerala
Deepa Jose:	Bishop Walsh Hospital, Thagagom, Coimbatore
Sharon Anna Jacob:	Snehadeepam Hospital, Neyyafinkara, Kerala
Sonia Sunny Thomas:	St Thomas Mission Hospital, Attapady, Kerala
Abhishek Kumar:	Theodari Mission Hospital, Jharkhand
Ashwin Romy Sakharia:	Christian Hospital, Mungeli, Chattisgarh
Emanuel Page:	Kristiya Seva Niketan Sarenga, Bankura, W.B.
Subodh Wilson:	Methodist Hospital, Buxar, Bihar
Sachin Franklin:	ETLM Hospital, Kolar, Karnataka
Ashwin Thomas:	Christian Dental College, Ludhiana
Jerry Mammen:	Christian Dental College, Ludhiana
Lois P. Samuel:	Christian Dental College, Ludhiana

DENTIQUOTES

A little boy was taken to the dentist. It was discovered that he had a cavity that would have to be filled. "Now, young man," asked the dentist, "what kind of filling would you like for that tooth?" "Chocolate, please," replied the youngster.

"The only way I can make a Jim Carrey face is through injecting Novocain at the dentist's office."

"If a patient cannot clean his teeth, no dentist can clean them for him. Martin H. Fischer always wanted to be a dentist from the time I was in high school, and I was accepted to dental school in the spring of 1972. I was planning to go, but after the Olympics there were other opportunities. Mark Spitz

CDC EXTENDS ITS FAMILY

DR BHANUJATA BHATTI
Lecturer, Department of Conservative Dentistry & Endodontics
DOB: 2nd March Place: Amritsar
College: BDS: GDC Amritsar MDS: GDC Amritsar
Hobbies: Reading, Painting
Favourite Quote: Smile is the only curve that sets everything right.

DR PARAMPAL SINGH
Lecturer, Department of Oral Medicine & Radiology
DOB: 27th May Place: Ludhiana
College: BDS: DIRDS Faridkot
MDS: Oxford Dental College, Bangalore
Hobbies: Chess, Cricket
Advice to students: Keep working hard.

DR GITA RANI
Lecturer, Department of Prosthodontia
DOB: 5th December Place: Mehatpur
College: BDS: Manipal
MDS: ABSMIDS Mangalore
Hobbies: Surfing the internet, Evening walks, Reading

DR VIKRAM BALI
Lecturer, Department of Periodontis
DOB: 13th April Place: Ludhiana
College: BDS: BJS Dental College, Ludhiana
MDS: Meenakshi Ammal Dental College, Chennai
Hobbies: Sports especially cricket
Advice to students: Work hard, do your best. God is there to help you.

DR SEEMA KURIEN
Lecturer, Department of Orthodontia
DOB: 28th Oct Place: Bangalore
BDS: Vokkaligra Sanga Dental College
KIMS Bangalore MDS: Bangalore Institute of Dental Sciences, Bangalore
Hobbies: Reading, listening to music, Chess.

for any details contact :

Dr. Abi. M. Thomas, Principal

Ph: +91-161-2220410 (O) Fax: +91-161-2610759, 2220409

e-mail : abithomas@gmail.com, cdc_office@yahoo.com

web: www.cmcludhiana.in