



CHRISTIAN DENTAL COLLEGE  
LUDHIANA

"MY WORK IS FOR A KING"



CROSSROADS

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EDITORIAL

The past months have been witness to a phenomenal transformation. Newer faculty, innovative ideologies, modernized infrastructure, alterations in the curriculum, and a fresh batch of Chrisdents. The efficacious efforts of the students have won laurels for this prestigious college once again. So our dear readers have a lot of catching up to do. This volume of crossroads has devoted a section to the alumni entitled Reminiscence. As you are all aware, we have alumni who have established themselves in various parts of the globe and we are delighted to hear from them.

On behalf of the entire editorial board I would like to articulate my gratitude to our esteemed principal Dr. Abi M. Thomas for continuing this endeavour. I also express gratitude to my fellow editors for their encouragement and assistance. I thank the Almighty for all His blessings without which none of this would have been possible. Your invaluable comments and feedback are always appreciated. Wishing you a pleasurable reading experience!

Thank you,

George Abraham  
Editor-in-chief

As I am preparing to write this column, I received a newsletter from one of my friends from the mountainous areas of Himachal Pradesh. I am quoting a portion from that newsletter. "One day one of us happened to visit a hospital here for providing help to one of the patients in our acquaintance. As we were there a truck came carrying a person whose leg got fractured as it went under the wheel of the same truck. There was neither a nurse nor a doctor to attend this patient. Even after two hours of waiting and pleading he did not even receive first aid. He was then referred to another hospital five hours away. But on the way he breathed his last due to loss of blood! This incident was quite shocking for us. Accidents are very common here because of the nature of the terrain. Though the hospital has machine power, man power is very poor. Because of the transportation difficulties doctors are not willing to come and serve here. We really wish and pray that God would bring some committed doctors to serve this community." We are truly a land of extreme diversity.

As we welcome another batch of Chrisdents along with the excellent Professional examination results of the seniors, let us not forget the purpose of our journey.

With best wishes

Dr. Abi M. Thomas  
Principal  
Christian Dental College

PRINCIPAL SPEAKS

## Convocation 2009



The Annual Convocation was held on the 21st of March, 2009 at the Children's Park in the staff campus. The Medical, Dental and Nursing batches of 2003 were awarded their professional degrees in the esteemed presence of Dr. S.S. Gill, Vice Chancellor, Baba Farid University of Health Sciences, and the Chief Guest for the occasion. Dr. Supneet Singh Wadhwa was awarded the Best Graduate Award for academic excellence. The annual report for the year 2008-2009 was presented by the Principal Dr. Abi. M. Thomas.

## Founder's Day

The 24th of March, 2009 was celebrated as the Founder's Day in memory of Dame Edith Mary Brown. The selfless and the untiring efforts of the spirited Dr. Brown brought about the North Indian School of Medicine for Christian Women in 1894, precursor of the present day Christian Medical College. A solemn prayer service was conducted in the College Chapel followed by a function at the College Gardens. The soiree witnessed a great gathering to commemorate the birth of the Founder.

## Alumni Meet 2009

The Christian Dental College Alumni Association held its annual meet on the 25th of March, 2009. The summit was attended by almost 50 alumni from all over the country, the Administrative team of the Christian Medical College & Hospital, Staff and former faculty including Dr. Vikram Prabhakar, Dr. Manisha Prabhakar, Dr. Tarun Kumar and Dr. Meenu. The Director of C.M.C & H, Dr. A.G. Thomas was the Chief Guest for the occasion. The highlight of the meeting was the nomination of a core group, for the smooth

running of the association, consisting of the  
**President** Dr. Bharat Suneja ('92 batch)  
**Vice President** Dr. Shaila Shamsher ('92 batch)  
**Secretary** Dr. Ritu Jain ('97 batch)  
 Dr. Rajesh Kumar ('92 batch)  
**Treasurer** Dr. Atul Jindal ('92 batch)

Batch wise and country wise representatives were also chosen to facilitate communication. It was also decided to hold a twentieth batch reunion every year starting from 2012. Everyone shared their views and ideas for better functioning of the association. It was heartening to meet old friends and their families. With the idea of bringing out an alumni directory, a note of the addresses and work profiles of the alumni was made. The meeting was followed by lunch.

### ALUMNI REPRESENTATIVES

Batch of 1992	Dr. Sandeep Singh
Batch of 1993	Dr. Ashish Chakranarayan
Batch of 1994	Dr. Renuka
Batch of 1995	Dr. Sukhmeet Singh
Batch of 1996	Dr. Ashish Sinha
Batch of 1997	Dr. Poonam Bali
Batch of 1998	Dr. Tushar Ahuja
Batch of 1999	Dr. Navdeep Mahal
Batch of 2000	Dr. Sherryl Mathew
Batch of 2001	Dr. Pooja Ahluwalia
Batch of 2002	Dr. Ebin T. M.
Batch of 2003	Dr. Patrick Mattu
UK rep.	Dr Kapil Sanghi & Dr George Markose
US rep.	Dr Gayatri Vohra & Dr Sandeep Sharma



## The Little Mermaid



The theatre workshop of the Christian Medical College staged yet another marvelous musical dubbed The Little Mermaid. The show was held from the 19th to the 21st of March, 2009 at the Punjabi Bhavan in Ludhiana. The spectators witnessed breath taking performances which were enhanced by innovative props and mesmerizing special effects. The colossal effort of the entire crew, under the able guidance of Dr. Dhruv Ghosh, Dr. Anand Peacock and Dr. Vinay Gaikwad, was highly appreciated and admired. The musical was an endeavour to raise funds for Leukemia patients and over 8 lakh rupees was accrued for this noble cause.

## Chrisdents Excel Yet Again!!

Finally the agony of sleepless nights, nerve wrecking tension and ceaseless prayers paid off as the Chrisdents once again proved their competence at the academic front.

The final professional examination results were the first to arrive with the Bonaventures performing extremely well. Kunjumary John excelled with a distinction in Conservative dentistry (University Rank #4) along with Shefali Gupta who got a distinction in Periodontia. The third year students also achieved terrific results with Maneet Kuchereja being the topper and Simran Gill acquiring a distinction in Oral Pathology.

The second year students were triumphant with Ashima Razdan (University Rank #4) sweeping off the first position. Distinctions were achieved by Ashima and Satvika Sethi. Blessy Susan Ann Alex secured first position in the first professional examination. History repeats itself for we once again have an array of toppers and distinctions to adorn the crown of CDC.

## Eileen B. Snow Hostel: Innovative Designs

A contemporary adjunct to the existing hostel for the dental girls became functional on the 22nd July, 2009. The much awaited four storeyed edifice is divided into two blocks with a total of ninety six rooms. The first block accommodates the final year, third year and second year students with the second block housing the interns and the first year students. Facilities have also been made available for the accommodation of the MSc. Students from the College of Nursing. The atmosphere is electric as the fraternity gear up for a whole new experience of hostel life. We are extremely grateful to the untiring efforts of the Administration, especially our esteemed Director Dr. Abraham G. Thomas, for making this possible.



## IDA Dental Youth Festival

The Indian Dental Association organized a Dental Youth Festival on the 16th of August, 2009 at the Hotel Skylark in Jalandhar, Punjab. The programme was felicitated by Shri Varun Gandhi, the chief guest for the occasion. Dr. Anil Kohli, President of the Dental Council of India, was among the distinguished guests. A variety of events were held including state level CDE program, Dental Quiz, Debate and Choreography competition along with Career Counselling and Personality Development sessions. A team comprising of P.G students, Demonstrators, Interns and U.G students represented the College. The evening ended with a cultural bonanza which enthralled the audience.



## Here come the Zephyr's

We, the Zephyr's, began our journey into the Christian Dental College on a beautiful July morning. Our counseling, which was delayed for some time was held in the Lady Willington hall where anxious parents and tense candidates waited patiently for the proceedings to start.

The counselling was conducted smoothly. As the candidates were being registered, we could see relief slowly replace tension on their faces. Once our documents were verified for the last time at the Registrar's office, reality began to sink in. We had finally made it to one of the most prestigious colleges in our country. Our joy knew no bounds. Our parents were busy calling our near and dear ones to share the news.



Once the formalities were completed at the Registrar's office we were taken to the Principal's office where we were warmly welcomed. We also met the Student's Council, who advised us regarding various issues of the college and hostel and assured our parents that we would be well looked after.

In the evening, our batch was formally introduced to the faculty members and to each other. New bonds were forged amongst us; we were all happy to be here and we were very excited about starting a new phase in our lives.

So here we stand today, at the threshold of a new life, a new beginning. We will certainly strive to do our best and live up to the expectation of this wonderful institution.

Alpana Andrews & Clifford John

## Independence Day Celebrations



The 62nd Independence Day was celebrated with immense patriotism at the College Gardens. The Chief Guest for the occasion was Shri Sukhpat Rai Wadhwa, a legal luminary and a humble humanitarian. Shri Wadhwa hoisted the National flag while the National Anthem was sung in unison by the gathering. The function also witnessed a parade led by the Security Guard, Christian Medical College followed by the students from the various colleges of the institution. The cultural programme was a treat to the eye with mesmerizing performances by the students. The vote of thanks was delivered by Dr. Abi M. Thomas, worthy Principal of the Christian Dental College.





## REMINISCENCE

*It would be a dream to walk through the portals of your alma-mater again, not as a dreamy eyed student but as a confident teacher, a dream which few get a chance to realize*

*I consider myself as one of the few lucky people who return to their own institute to give back what they have learnt and more. To join CDC as a faculty member was not only a job opportunity but more of a means to express my gratitude to the college and teachers who made me what I am today. As students we never realize what it is to be in CDC until we've finished our courses and passed out. Its then that we start missing the comforts of the cocooned environment, warm and secure as a mother's womb; the one to one interaction with our teachers, the cultural festivals, the bon-homie between seniors-juniors-teachers... everything.*

*And how does it feel to be back???*  
*SPECIAL... very special. It is a feeling of returning to your mother, of homecoming. On a lighter note CDC life is like a virus, once it gets into your blood its hard to take it out.*

*- Dr Ritu Jain*

(Dr. Ritu Jain is currently working as Assistant Professor in the Deptt. Of Periodontia, Christian Dental College and is also Secretary of the Alumni Association of Christian Dental College.)



## ICMR Short Term Scholarship Project (STS)

The Indian Council of Medical Research offers a Short Term Scholarship to students interested in learning the research methodology. The proposal has to be submitted by the month of February and if accepted, the project has to be carried over a period of two months and the report should be submitted in one month's time. It is required that the area of research be prudently selected with adequate clinical relevance. The student is entitled to a scholarship sum of rupees five thousand and is awarded a Certificate of Accomplishment from ICMR.

It is a matter of great pride that one such project has been done by Anish Varkey John (Batch of 2005) entitled Effect of Non Surgical Periodontal Therapy on glycemic control in Type-II Diabetes. Infact it is the first STS project (approved) by a dental student in Punjab.

## MY WORK IS FOR A KING

In accord with the Christian Medical College Mission statement, graduates from the Christian Dental College have left for their service obligations. It is a matter of pride that we are role models to thousands of graduates across the nation in serving the less fortunate. Given below is the list of the most recent graduates committed to serve the nation.

- Diana Rajan  
Sarvajanik Mission Hospital, Vapi, Gujarat.
- Libin Santha Syriae  
St. Stephen's Hospital, Tiz Hazari, Delhi
- Lida Joseph  
Evangelical Hospital, Khariar, Orissa.
- Merlin Susan Jacob  
Christian Hospital, Nowrangpur, Orissa.
- Saumya John  
Christian Fellowship Hospital, Orissa.
- Sneha Miriam Kuruvilla  
Santgiri Ashram, Alwaye, Ernakulum, Kerala.
- Soumya Asha John  
Kalyani Hospital, Chennai.



Alexander Speedie  
Christian Hospital, Kasganj, U.P.  
Gaurav Kumar  
Kachwa Hospital, Mirzapur, U.P.  
Selven Thirumalai  
Christian Hospital, Herbertpur.  
Shalom Thampy Abraham  
Lakhnadon Christian Hospital, Lakhnadon, M.P.  
Vincent Prabhu M.  
Scudder Memorial Hospital, Ranipet, T.N.  
Geo Mani  
Mungeli Christian Hospital, Mungeli, Chattisgarh.  
Somik Bose  
Mission of Mercy Hospital, Kolkata.  
Preetham N. Prasad  
Methodist Hospital, Boxar, Bihar.  
Caroline Annette Jacob  
Christian Dental College, Ludhiana, Punjab.  
Irene Ann Abraham  
Christian Dental College, Ludhiana, Punjab.

## FACULTY UPDATE

Name: Dr. Shekhar Kapoor  
Deptt. Oral Medicine & Radiology  
Date of Birth: 4th November  
Graduation: P.M.N.M. Dental College,  
Karnataka.  
Post Graduation: Ragas Dental College,  
Chennai.  
Hobbies: Reading Books, Listening to Music.  
Advice to Students: Keep a balance between study and  
enjoyment.



Name: Dr. Ravleen Kaur  
Deptt.: Periodontia.  
Date of Birth: 4th December  
Graduation: Dashmesh Dental College,  
Punjab.  
Post Graduation: College of Dental Surgery, Davangere  
Hobbies: Watching Television.  
Advice to Students: Enjoy every moment in life. Time  
once gone never comes back.



Name: Dr. Kanupriya  
Deptt.: Conservative Dentistry &  
Endodontics.  
Date of birth: 26th August  
Graduation: Bharathi Vidyapeeth  
Deemed University, Pune  
Post Graduation: Sri Ramachandra University,  
Chennai.  
Hobbies: Reading, Playing the Guitar, Glass Painting.  
Advice to Students: Make the best of the  
opportunities available in Christian Dental College  
and aspire to be the best in your profession.



Name: Dr. Angleena Y. Daniel  
Deptt.: Prosthodontia  
Date of Birth: 8th February  
Graduation: Christian Dental College,  
Punjab.  
Post Graduation: Guru Nanak Dev Dental College,  
Punjab.  
Hobbies: Music & Cooking.  
Advice to Students: Learn your practical work  
properly and study well. It will take you to the top.



Name: Dr. Pragya Roy  
Deptt.: Preventive & Community  
Dentistry  
Date of Birth: 7th April  
Graduation: Bapuji Dental College &  
Hospital, Davangere, Karnataka  
Post Graduation: Government Dental College &  
Research Centre, Karnataka  
Hobbies: Singing, dancing & painting



Name: Dr. Manoj M.  
Deptt.: Oral & Maxillofacial Surgery  
Date of Birth: 24th April  
Graduation: S.J.M. Dental College &  
Hospital, Karnataka  
Post Graduation: S.D.M. Dental College & Hospital  
Dharwad, Karnataka  
Hobbies: Reading, sports & travelling.



### FOR DETAILS CONTACT

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Principal

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