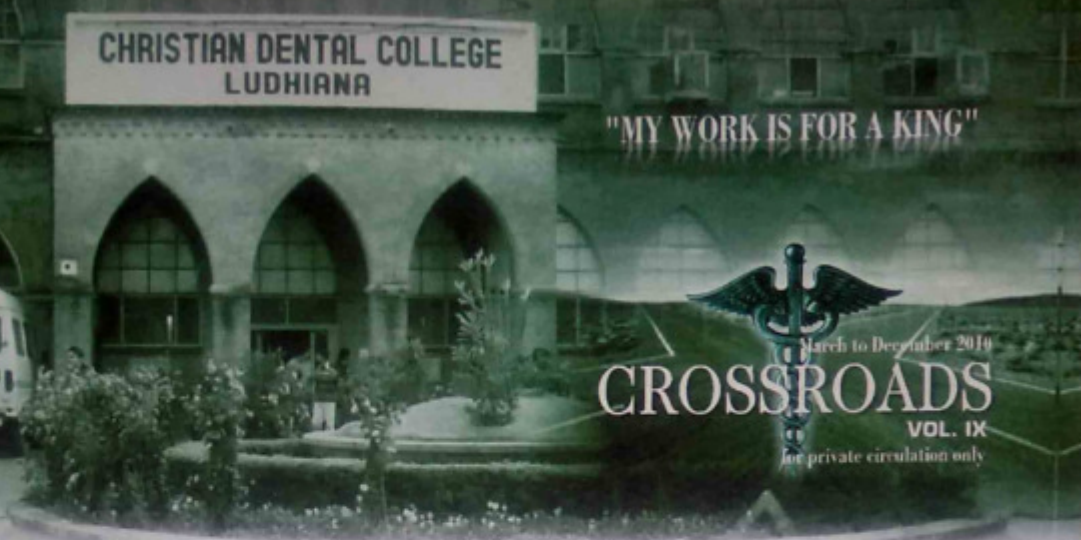




CHRISTIAN DENTAL COLLEGE
LUDHIANA

"MY WORK IS FOR A KING"



March to December 2019
CROSSROADS
VOL. IX
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EDITOR'S **DESK**

PRINCIPAL **SPEAKS**

I am here with this awaited volume of crossroads which is an amalgamation of the bygone and the in progress. It holds the endeavors and undertakings of fractions of two academic years. From March 2010 onwards CDC witnessed a catalog of events including the bon voyage of the Bonaventures and greetings of Aselepians.

I am gratified by the espousal and encouragement of our worthy principal Dr. Abi M. Thomas. My efforts would all have been in vain without the hard work of the editorial board. I am also thankful to my valuable readers for their time and remarks. In anticipation of your response I present you this issue of crossroads....



Rohini
Editor-In-Chief

Dear All,

Wishing you all a blessed new year ahead!

One common news, these days, is corruption at 'high places'. But the good news is that it is not ignored as in the past.

One of the benchmarks for a credible society is accountability.

For an educational institution like ours the importance of this virtue cannot be overemphasized. Out of the nearly 300 dental colleges, one reason we stand out is our emphasis on core values like this.

Our challenge for the future is not to erode these fundamentals, rather to affirm and abide on them on a proactive basis. May God help us.



With best wishes
Abi M. Thomas

Baccalaureate Bonaventures

The baccalaureate service of the batch of 2005 was held not only as a thanksgiving ceremony, but was organized as a farewell service too for the departing interns. It was held on June 4th in the assembly hall.

The event began with a welcome speech followed by a nostalgic replay of memories as a slide show of their times together in the college, as students, as friends.... as a batch.

After this, the elegantly dressed graduates stepped onto the podium one by one as each was introduced with a few words, openly describing them.

Dr. George Koshy then recounted his experience with this vibrant batch followed by Dr. Abi M Thomas who spoke about the significance of fulfilling service agreements just as the bond places were announced officially.

The function ended with the traditional candle lighting, symbolizing that each of the new graduates would be a beacon of light to the innumerable they would serve as they ushered into another phase of life. Bonaventure's, we will miss you!





Exam Fever

With sleepless nights, burning the midnight oil, fearing the most.....exam fever grips CMC again.

How we wish there were no exams. Life would have been so much simpler with lesser worries and tensions.

But alas! Life is all about testing and trials and how we overcome proving our worth. During exam season being physically and mentally fit is of utmost importance. Hence, we should try and have a balanced diet with enough nutritious content.

A little walk around the campus in the fresh air in between studying can help to keep the mind at ease.

Also deep breathing exercise and meditation increase the level of concentration. Adequate sleep is also necessary as it refreshes the memory.

All in all, one should do all that is possible and leave the rest to God.

First taste of college: 1st years joining

Right since the beginning of the last scholastic year, we had been reminded time and again by everybody that this was our "MAKE OR BREAK" year! We finally landed in CDC's waiting area and after the prelim formalities were over we were "the batch of 2010", parted only to reassemble towards the end of July. Once our mother's left after settling us in (Or so they thought), it finally struck us that we were on our own now!.

Updated with the knowledge of the codes of conduct expected of first years, we marched towards our first day on college, floating on cloud nine. The cloud proofed and the euphoria flew out of the window the moment we were confronted with the lecture and dissection hall. It felt as if we were back in nursery (we felt as ignorant).

The battery of tests and views that followed have only helped in getting our feet back on the ground (the results actually make us want to go under it). And after all of that it feels sad to return to an empty hostel room instead of our mom's warm hugs but such is our spirit that we bounce back each day with renewed, resolved thinking

"We shall overcome... someday...!". Life sure has changed but for what... we shall soon know..!



'Mom I passed': Prof results declaration

RESULTS

With the excellent results for the year 2009-10 Christdents proved their worth yet again. The first to be declared were those of the final years.

Navraj Mattu scored the highest. Following which the 3rd year results were out with Ashima Razdan Securing the top position. Their batch boasts of a 100% result. The second year results were declared with four distinctions in gen-pathology and microbiology, secured by Blessy Susan, Rupali Miglani, Shinu Koshy, Surbhi Mehdiratta. The highest marks were stored by Rupali Miglani

The last to come were the first year results topped by Jinsy Kuruvila

'Maa Tujhe Salaam': Independence Day

Those who deny freedom to others do not deserve it for themselves. After an epoch of slavery it was in 1947, 15th August that we earned our freedom. 15th of August is a red letter day for the Indians and it was honorably celebrated in our institution. As for the batch of first years it was their first in the college. The march past parade by the first years was the prime attraction, with spell bounding performances by the students bringing the occasion to life. The extent and quality of the celebration that both CMC and CDC undertook was commendable.

Time for Sports

July

The interbatch football matches were conducted.

August

The month of August was not without excitement at the sports front with the staff and students squaring off against each other in a volleyball match triumphed by the students. This was followed by a unique ensemble of teams involved in a throwball match which resulted in the zephyrdynamos (the fourth and second years) beating the ultimate avengers (interns and third years).

September

Interbatch football matches and a CMC v/s CDC volleyball match was also played.





Pace for progress: **More Space**

The departments of Orthodontia and Operative Dentistry & endodontics were shifted to the renovated building recently, in which the department of oral pathology and microbiology was shifted last year. The place is spacious compared to the previous.

A new dental pharmacy was inaugurated in the month of December by our Director, for the convenience of the patients.



'Gurudakshina'- **Teacher's Day**

Teacher's day celebrated in the memory of Dr. S. Radhakrishnan, India's second President, is the day when students pay gratitude to their teachers, who play a titanic role in the formation of their persona encompassing knowledge and ethics. This year CDC witnessed its grandest teacher's day celebration with the presentation of souvenirs to our honored faculty by the interns, batch of 2006, following which were the enlivening inter departmental competitions. The opening round was that of G.K. quiz followed by a round of droll antakshari. The first ones past the post were the departments of oral medicine and radiology along with oral pathology in both the events. Succeeding which was a round of uproarious musical chairs for the faculty won by Dr. Parampal Singh. The vivacious occasion ended with the scrumptious lunch.



The new leaders: **Council Investiture Ceremony**

With mammoth hopes and skyscraper dreams the latterly formed council paved its way onto the podium of authority and responsibilities. The official investiture of the council was conducted on the 25th of September. Dr. George Koshy, our respected Vice Principal CDC and Registrar CMC, superintended the oath in the presence of former council member Dr. George Abraham. Dr. Abi M. Thomas our esteemed principal presented the plaque to Dr. Joe Mathew Cherian, President Student Council 2010-2011.

STUDENTS COUNCIL 2010-2011

- President- Joe Mathew Cherian
- Vice President- Shaminder Pal Kaur
- General Secretary- Nirmal Kurian
- Cultural Secretary- Santhi Mary Johnson
- Editor-in-chief- Rohini
- Treasurer- Terence Abraham
- Sports Secretary- Simran Singh Gill



Embracing CDC family: **Fresher's Night**

On 25th of September one of the most looked forward to events on the CDC calendar, the fresher's was held. The well dressed boys and dolled up girls watched in awe as their seniors performed on stage. The mood for the evening was set by a graceful eastern dance followed by heart warming chorus. A lively fast paced bhangra was then staged followed by "Hercules in CDC", a hilarious and thoughtful skit. Also performed was a western dance. Amidst this, fresher's went on stage and introduced themselves. The evening was made special by the release of Renaissance-the college magazine succeeded by a delicious dinner. All too soon the stars peeked out and it was time to depart with full stomachs and fond memories.



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Victory across: Pulse

After a gap of 3 years a contingent to represent CDC in Pulse was sent. The contingent included Dr. Santhi, Karun, Yogaen, Ammu, Rinu, Leah, Nancy & Clifford.

The first event the group participated was the hindi song competition in which Yogaen sang a soulful number. which received a special mention from the panel of judges. A group song & a duet by Yogaen & Karun were rendered too. The following day the English song competition was held. Dr. Santhi accompanied by Karun rendered a sonorous song. Dr. Santhi & Rinu emulated Celine Dion & Barbara Streisand & rendered a great number.

The group had invested most of its time & energy preparing an Accapella. Title "My Makers love" & were duly rewarded with a 2nd prize in the chorus category. It was rather amusing to see the confidence & the vigor. The Accapella sounded like a symphony. The whole venture was a sublime experience



Traditional: Onam Celebration

Onam was celebrated with great enthusiasm. The BDS and MBBS(Batch of 2009) worked together to put up a grand show.

The chief guest for the occasion was our esteemed director Dr. Abraham G. Thomas. Also present were our worthy principal Dr. Abi M. Thomas and other faculty members.

The cultural show comprised of an amusing skit, song and dance performances including the traditional Onam dance 'Thiruvathira'. The Onam feast 'Sadhya' followed soon after at L.N Rao Students cafeteria

Jingles all the way

The month of December was full of suspense, surprises and Santas. The game of Christmas friend and Santa was enthusiastically participated. The Christmas celebration took place on 16th with a big pomp and show. The delightful Santa dance by interns and motivating choreography by first years were most appreciated. The mementos of turtle dove were presented to all. Later in the evening santas disclosed themselves and gifts were exchanged followed by dinner.



Red delivery at CPL

The month of September saw the third installment of CPL take place and as always it was a ground affair showcasing some of the finest cricketing talents of the college.

The crowds turned out in huge number to cheer their favorite teams in what was probably the most exciting CPL so far in terms of its fierce competition and trepid spirit.

After a number of closely contested matches with nail biting finishes, dazzling batting performances by the three teams CDC Raiders, VT Warriors and Red Devils captained by Dr. Saurabh Das, Dr. Patrick Mattu and Dr. Karan Doomra respectively, it was the RED DEVILS who triumphed over the overwhelming competition to be crowned CPL Champions of 2010.

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We acknowledge the gift of
CANON EOS D50 Camera
by Dr. Jins Jacob (Batch 1998)

Dr. Ajit has been awarded gold medal for obtaining 1st rank in M.D.S. Orthodontic examination held by Rajiv Gandhi University of Health Sciences, Bangalore, Karnataka.



FACULTY UPDATE

Dr. Bhusan Kumar (Gold Medalist)
Department of Oral Pathology
B.D.S.-SV Dental college
M.D.S.-Meenakshi Ammal Dental College
Hobbies- sports, music and cooking
Message- get good memories from these five years but make best use of these five years as it will be reflected in your whole life.
Birthday-17th July



Dr. Rajesh
Department of Pedodontia
B.D.S- Christian Dental College
M.D.S- Christian Dental College
Hobbies- Cricket , Going for wildlife safari
Message-To achieve success , follow 3 D's in life-Dedication , Determination and Discipline.
Birthday-29th May



Mission Locations

Jeanthai Gengmei- Adventist Hospital , Talang,Mizoram	Khariar ,Orissa
Ayesha Hazel Dayal- Adventist Hospital, Talang, Mizoram	Varsha Masih-Evangelical Hospital, Tilda,M.P.
Smitha Daniel-Evangelical Hospital, Nuapada, Orissa	Kunjumary John- Fellowship Mission Hospital, Kerala
Aji Mathew- Navjivan Hospital,Jharkhand	Shilpa Ann Jacob -St. Thomas Mission Hospital - Kerala
Nisha Elizabeth-Landour Community Hospital, Dehradun	Shamli Avale- Wanles Hospital, Miraj,Maharashtra
Anish Varkey-Burrows Memorial Hospital,Alipur, Assam	Josei Kurian- Mungeli, Chhatisgarh
Shefali Gupta-Prem Sewa Hospital,Uttaranchal	Preetham Prasad- Buxar, Bihar
Tessa Kuriachan-Christian Fellowship Hospital,	Selven Thirumalai- Robertsganj
	Ashwin Zacharia – Ganta Hospital, Liberia, West Africa

'Tis Education forms the Common Mind,
just as the
Twig is Bent, the Tree's Inclined'

Alexander Pope